

Publication: Quad-City Times
Date: December 21, 2014

Author: Alma Gaul

'Experience' gifts are an alternative to 'stuff



Sometimes the long-awaited holidays end with a letdown. We look around and see a heap of "stuff" we didn't ask for, don't know what to do with and/or don't really want.

Meanwhile, we've overspent on gifts for other people that they also didn't ask for, and don't know what to do with or want.

Here's an idea: Give the gift of 'experience.' Here are 12 suggestions from Donna Skeels Cygan, the author of "The

Joy of Financial Security."

- **1. Savor the season together.** Take a drive to look at holiday decorations, attend a holiday concert, visit a museum with a seasonal exhibit or walk down decorated city streets.
- **2. Bake up a holiday storm.** Spend a morning baking cookies together. After baking, the cookies can be packaged and given as gifts.
- **3. Give it forward.** Together with family or friends, choose a local charity or "adopt" a family that is less fortunate. Spend a half-day shopping for food and/or gifts, then wrap them and deliver them. Or volunteer at a soup kitchen, hospital, nursing home or homeless shelter.
- **4. Eat with a purpose.** Organize a lunch or dinner with a theme such as a "2015 bucket list" dinner: Ask everyone to share their goals for the coming year and then discuss how to help each other achieve them. (And follow through!)

If you don't want to cook for a group, suggest a potluck of favorite holiday foods, perhaps those from parents or grandparents.

5. Get creative. If you and a friend or family member are both creative, make plans to do an art, craft, or home improvement project together. This could be anything from a winter wreath to coffee mugs at a local pottery studio. And every time you use these items, you'll be reminded of the fun time you spent creating them.

- **6.** Make good on "We always said we'd ..." Instead of exchanging gifts, do something you and a friend have always said you'd do together but have never managed to find time for. Note that this event or outing doesn't have to happen during the holidays.
- **7. Go to class.** Cooking, sewing, self-defense, painting, wine-tasting ... the sky's the limit on classes you can take together.
- **8. Become a day tripper.** Think museums, landmarks, shopping destinations, unique restaurants, wineries, etc.
- **9. Make them a member.** If a "big" gift is within your budget but you don't want to spend money on something that will end up gathering dust, buy the other person a membership to a zoo, museum or botanical center, or give them tickets to a theatre or orchestra performance, or sports event
- **10. Take care of some chores.** Relieving someone of an unwanted chore such as cleaning, painting or yard work is welcome, too. If it's in your budget, you could "gift" a maid service or purchase a gift certificate to a restaurant.

Families with young children will appreciate the offer of baby-sitting.

- 11. Mark your calendars. Do you and a friend, despite your best intentions, never quite manage to get together so that you can catch up over a meal? If so, give the gift of time.
- "Give your friend a 2015 calendar and tell him or her that you want to fill up one afternoon or evening each month with a shared meal, movie, drink, walk or cup of coffee," Cygan suggests. "Remember, what gets planned gets done."
- **12. Watch together.** Invite friends over to watch (or stream) a movie, providing cider, hot chocolate, popcorn or whatever refreshments you'd like.